



SwimRVA Pool Schedule

December 11 - December 17, 2017

rev. 11-30-17

*** pool schedules are subject to change ***

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
MONDAY December 11	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p 2:00p-2:45p (25Y) 2:45p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-6:30p (25Y) 6:30p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	4 lanes 8 lanes 6 lanes 8 lanes 0 lanes 21 lanes 14 lanes 2 lanes 4 lanes 7 lanes 17 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-7:15a 7:15a-9:30a 9:30a-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes closed 2 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	avail not avail avail avail closed avail closed not avail not avail avail
TUESDAY December 12 <i>Freeman MEET 6:00p-10:00p in the Competition Pool</i>	6:00a-7:00a (25Y) 7:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-9:45a (25Y) 9:45a-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-2:45p (25Y) 2:45p-3:45p (25Y) 3:45p-4:30p (25Y) 4:30p-4:45p (25Y) 4:45p-5:30p (25Y) 5:30p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	9 lanes 18 lanes 21 lanes 18 lanes 21 lanes 17 lanes 20 lanes 13 lanes 6 lanes 3 lanes 7 lanes 10 lanes 5 lanes 8 lanes 12 lanes	6:00a-8:00a open 8:00a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-12:30p 12:30p-1:00p 1:00p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 1 lane closed 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail avail closed not avail closed not avail not avail avail
WEDNESDAY December 13	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p 2:00p-2:45p (25Y) 2:45p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-6:30p (25Y) 6:30p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	2 lanes 8 lanes 6 lanes 8 lanes 0 lanes 21 lanes 14 lanes 0 lanes 3 lanes 7 lanes 17 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed* 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-7:15a 7:15a-9:30a 9:30a-12:45p 12:45p-1:30p 1:30p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes closed 2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	avail not avail avail avail not avail avail closed avail closed not avail not avail avail



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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
THURSDAY December 14	6:00a-7:00a (25Y)	9 lanes	6:00a-9:00p open	6:00a-7:00a	2 lanes	avail
	7:00a-7:30a (25Y)	18 lanes		7:00a-9:30a	2 lanes	not avail
	7:30a-9:00a (25Y)	21 lanes	*45 minute limit on treadmills	9:30a-12:30p	2 lanes	avail
	9:00a-10:30a (25Y)	18 lanes		12:30p-1:00p	2 lanes	not avail
	10:30a-1:00p (25Y)	21 lanes		1:00p-3:15p	2 lanes	avail
	1:00p-1:30p (25Y)	18 lanes		3:15p-3:45p	closed	
	1:30p-2:45p (25Y)	20 lanes		3:45p-4:30p	1 lane	not avail
	2:45p-3:45p (25Y)	13 lanes		4:30p-5:30p	closed	
<i>Godwin Meet</i>	3:45p-4:45p (25Y)	6 lanes		5:30p-6:00p	2 lanes	not avail
<i>6:00p-10:00p</i>	4:45p-6:00p (25Y)	10 lanes		6:00p-7:00p	closed	
<i>in the</i>	6:00p-7:00p (25Y)	5 lanes		7:00p-8:00p	2 lanes	not avail
<i>Competition Pool</i>	7:00p-8:30p (25Y)	8 lanes		8:00p-9:00p	2 lanes	avail
	8:30p-9:00p (25Y)	12 lanes				
FRIDAY December 15	6:00a-7:15a (50M)	4 lanes	6:00a-7:30a open	6:00a-7:00a	0 lanes	avail
	7:15a-10:00a (50M)	8 lanes	7:30a-4:00p closed	7:00a-7:15a	closed	
	10:00a-11:45a (50M)	6 lanes	4:00p-8:00p open	7:15a-9:30a	2 lanes	not avail
	11:45a-1:00p (50M)	8 lanes		9:30a-8:00p	2 lanes	avail
	1:00p-2:00p	0 lanes	*45 minute limit on treadmills			
	2:00p-2:45p (25Y)	20 lanes				
	2:45p-3:30p (25Y)	13 lanes				
<i>Trinity Meet</i>	3:30p-4:30p (25Y)	4 lanes				
<i>5:00p-9:00p</i>	4:30p-5:00p (25Y)	1 lane				
<i>in the</i>	5:00p-5:45p (25Y)	4 lanes				
<i>Competition Pool</i>	5:45p-7:00p (25Y)	10 lanes				
	7:00p-8:00p (25Y)	12 lanes				
SATURDAY December 16	12:00p-4:00p (25Y)	16 lanes	10:00a-5:00p open	10:00a-5:00p	2 lanes	avail
	<i>Hanover Hawks</i>		*45 minute limit on treadmills			
	<i>Invitational</i>					
SUNDAY December 17	12:00p-5:00p (25Y)	3 lanes	12:00p-5:00p open	12:00p-5:00p	2 lanes	avail
	<i>SwimRVA Rapids</i>		*45 minute limit on treadmills			
	<i>Water Polo Tournament</i>					